

Types of Aggression



Relational Aggression:

Harming others through purposeful manipulation and damage of their peer relationships.

Verbal Aggression:

A communication intended to hurt another person, or a communication perceived as having that intent; can be spoken, written, or drawn.

Cyberbullying:

The use of modern communication technologies to embarrass, humiliate, threaten, or intimidate individuals in an attempt to gain power and control over them; bullying over the computer or cell phone.



Physical Aggression:

Harm and control through physical damage or by the threat